

3º ESO EXTRA PRACTICE UNIT 4

Vocabulary

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones)

1 Where can you find these people? Look at the pictures and complete the words.



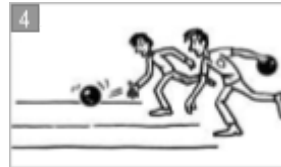
p e s n



s g p l



n tc b



b g a y



r g t k



f l p h



a . . . t g y



t s c t

2 Complete the sentences with the words below.

market • office block • railway station • hotel • car park • university • playground • airport • newsagent

1. John is studying art at
2. I buy all my vegetables at the
3. Many people work in that big
4. Do you buy your magazines at the near your house?
5. About 20 aeroplanes arrive at this every hour.
6. There's a huge for children in the park.
7. Let's park our car in the near the cinema.

8. The train is arriving at the central at 7.30 am.
9. Uncle Dan is staying at the new for three nights.

Grammar

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones)

3 Complete the sentences with the verbs in brackets. Use the First Conditional.

1. If it (be) cold this weekend, we (not go) to the swimming pool.
2. He (climb) up the Eiffel Tower if he (visit) Paris.
3. I (take) a taxi if the bus (not come).
4. Unless we (leave) now, we (not reach) the airport on time.
5. The bus (arrive) soon unless there (be) a lot of traffic.

4 Complete the second sentence so it means the same as the first. Use the Second Conditional.

1. I want to take a picture of the fountain, but I haven't got my camera.
I a picture of the fountain if I had my camera.
2. I think you should stay on the zebra crossing.
If I were you, I on the zebra crossing.
3. I can't take the course because it's during school hours.
If the course during school hours, I would take it.
4. The guide speaks so softly that we can't hear him.
We would be able to hear the guide if he so softly.
5. Daniel is too shy to ask you out.
Daniel you out if he weren't too shy.

5 Choose the correct answer.

1. If you **go** / **went** to the swimming pool every day, you will improve your swimming.
2. Tim **will take** / **would take** a course if he had the money.
3. If they saw this playground, they will **love** / **would love** it.
4. She **won't enjoy** / **wouldn't enjoy** visiting this art gallery unless she likes modern art.
5. If I **don't have** / **didn't have** my guidebook, I would ask for directions.
6. We **will meet** / **would meet** you at the nightclub if you want.
7. I **will wait** / **would wait** for the traffic light to change if I were you.

Reading UNIT 4

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones; 3. Comprender descripciones y narraciones en correspondencia personal; Bloque 4 Producción escrita: 3. Escribir notas, anuncios y mensajes relacionados con actividades y la vida cotidiana)

**1 Read the text and tick (✓) the sentences T (true) or F (false).
Then copy the sentences that helped you decide. (12 points)**

Dear Cathy,

First, I'm sorry for waiting so long to write to you. I would have written earlier if I had had the time, but we have been quite busy getting organised in our new home.

My parents and I are living in Bern now because my dad is working at the university. Bern is the capital of Switzerland. But if you come to visit, you'll be surprised to find that it isn't really a big city. The name Bern comes from the German word for bear.

Bern is on a hill above the River Aare and the atmosphere in this beautiful historic city is special. There are lovely old bridges, many fountains and historic towers around the city.

There are many nice little shops and cafés along the small streets in the old part of Bern. The local people and a lot of tourists enjoy visiting this area. Bern has also got many museums and a lot of interesting art galleries. My mum likes visiting them. My dad and

I prefer hanging out at the huge park in the centre of town. It's next to a famous open-air market. We often go to the market when it's open – on Tuesdays and Saturdays.

My favourite place in Bern is a special area for bears. We feed the bears and it's really fun to watch them playing. After we visit the bears, my parents and I often walk along the River Aare. In the summer, unless the weather is too cold, I'll go swimming in the river, and if I learn to row, I'll go boating. This afternoon, my friends and I are going to ride our bikes along the river. I feel so lucky to be here.

I hope you'll come and visit me one day.

Love,

Jenny

1. The city's name means *bear*.

T	F
.....	

2. Bern is an old city.
3. The open-air market is open every day.
4. Jenny enjoys visiting the bears in the city.
5. People mustn't swim in the River Aare.
6. Jenny dislikes living in Bern.

3º ESO EXTRA PRACTICE UNIT 5

Vocabulary

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones)

1 Cross out the **WRONG** examples for each adjective. Then write these examples in the correct place.

These foods are usually ...

1. **cooked:** noodles ◊ cola ◊ fish ◊
2. **sour:** lemons ◊ yoghurt ◊ salami ◊
3. **salty:** cucumbers ◊ crisps ◊ anchovy ◊
4. **raw:** strawberries ◊ rice ◊ cherries ◊
5. **sweet:** vinegar ◊ cake ◊ ice cream ◊

2 Complete the sentences with the adjectives below.

plain ◊ fresh ◊ frozen ◊ appetising ◊ spicy ◊ ripe ◊ tasty ◊ savoury

1. You can find bags of vegetables in the foods section of the supermarket.
2. This Mexican food is so ! Please bring me a glass of water.
3. Those bananas are green. They won't be for a while.
4. Perhaps it tastes good but it doesn't look very
5. You can order either sweet or crêpes.
6. It's a little for a birthday cake. Let's add some decorations.
7. The bread is It's just come out of the oven.
8. Lara is an excellent cook. Everything she makes is

3 Complete the chart with words from Exercises 1 and 2.

Reason	Result
1. You didn't put enough sugar in the lemonade.	It is too
2. The peaches are not	They are as hard as a rock.
3. You haven't cooked the steak enough.	It's still
4. There is less fruit in winter.	We sometimes eat peaches from a tin.
5. His doctor told him to stop eating sweets.	Today he only eats food.

Grammar

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones; 5. Captar las ideas principales de textos periodísticos)

4 Choose the correct answer.

1. The girl **who** / **which** sits next to me always has salad for lunch.
2. Can you recommend a restaurant **which** / **where** they serve vegetarian food?
3. Yesterday, I met someone **whose** / **who** father is a famous chef.
4. Evening is the time **where** / **when** our family eats its main meal.
5. I liked the pizza **that** / **who** we had in that restaurant.
6. The cake **where** / **which** you baked was delicious.
7. My father is the person **that** / **whose** prepares most of our meals.
8. We live in a neighbourhood **that** / **where** there are many restaurants.

5 Complete the text with relative pronouns.

Unless you are one of those lucky people ¹ **who** / **whose** / **where** family still lives on a farm, you have probably never eaten fruit and vegetables straight from the tree or the ground ² **when** / **that** / **where** they grow. Most of us can only buy products ³ **which** / **who** / **where** farmers grow on farms hundreds of kilometres away. Metro Supermarket in Berlin is trying to change this. Metro has installed a greenhouse ⁴ **who** / **that** / **where** grows vegetables inside the supermarket. Vegetables remain in the greenhouse from the time ⁵ **which** / **where** / **when** they are planted until they are ripe. There are no transport costs and the supermarket doesn't need a special place to keep the produce. Many of Metro's customers are Berlin chefs ⁶ **who** / **which** / **whose** are looking for fresh vegetables for their menu. The chefs like the greenhouse because they can see the place ⁷ **when** / **where** / **who** their vegetables come from. Many of them have never seen a vegetable ⁸ **who** / **when** / **which** is in its first fifteen days, and this new experience has helped them see food in a different way. Thanks to its greenhouses, Metro is no longer just a supermarket, it's a place ⁹ **when** / **where** / **that** ideas are born.

Reading UNIT 5

(Bloque 3 Comprensión escrita: 1. Identificar instrucciones; 5. Captar las ideas principales de textos periodísticos)

1 Read the text and tick (✓) the sentences T (true), F (false) or DK (don't know).

Okinawa, a beautiful group of islands off the coast of Japan, has got the highest percentage of 100 year olds in the world. The people who live in Okinawa live longer and healthier lives than people in other countries. Not many Okinawans suffer from illnesses like heart disease and cancer. So what is the Okinawan secret to a long and healthy life?

Some people believe that the Okinawan diet may be the main reason that Okinawa is the best place in the world to get old. The Okinawan diet is different from the diet in the West. Firstly, the Okinawan people eat a lot more fruit and dark green vegetables. In many of their dishes they also use seaweed or sea vegetables which most people in the West have never even heard of.

Like in America and Europe, pork is a popular ingredient in the Okinawan diet. However, Okinawans don't eat as much meat as people in the West. In fact, Okinawans do not use fish and meat as the main course. Instead, they use them as a side dish that makes their food tastier and more appetising. People in the West rarely eat raw fish and meat. Okinawans, on the other hand, often eat their fish and meat in this form. They also usually eat fish on the same day that they catch it.

However, Okinawans do not only eat different food to people in the West. They also eat different quantities of food. In Okinawa, people stop eating when they are 80% full. People in the West should probably begin by adopting this principle. They may find that this is enough to help them to live longer and healthier lives.

DK

1. Okinawa is a city in Japan.
.....
2. Okinawans eat seaweed for their main course.
.....
3. Not many people in the West eat sea vegetables.
.....
4. The Okinawan people are vegetarian.
.....

T	F
.....	
.....	
.....	
.....	

5. People in the West eat more meat than people in Okinawa.
6. Okinawans eat fresh fish.

3º ESO EXTRA PRACTICE UNIT 6

1 Complete the sentences.

- Sandy thinks she's never wrong. She's so ar ... o t.
- Bob says he's right even when he knows he's wrong. He's so st o ... n.
- Terri is very popular and gets invited to a lot of parties. Her sister is j l s of her.
- Kim is always ready to help people. She is k d.
- You can't trust David to be there when you need him. He's very un l le.
- William will know how to solve the problem. He's very s s le.
- Eva never thinks of other people. She is s f
- Kyle never says "please" or "thank you". He is i l

2 Match the situations in A to the adjectives in B.

A

- inviting yourself to a party
- stealing money
- being happy one moment and sad the next
- feeling bad when an animal is hurt
- thanking the waiter after he serves your meal
- using your sister's mobile phone without asking

B

- sensitive
- dishonest
- inconsiderate
- pushy
- moody
- polite

Grammar

3 Complete the sentences with the correct form of *be able to*.

- Alex go swimming tomorrow because he's broken his arm.
- you do it on your own or will you need help?
- She run a marathon in under three hours. She's had lots of experience.
- We watch the film because we had to finish our project.

4 Choose the correct answer.

Susan B. Anthony and Elizabeth Cady Stanton were friends. They also changed the lives of women in the United States. In the 19th century, women ¹ **can't** / **couldn't** vote in elections. They were considered too "emotional" to make important decisions. Anthony and Stanton didn't accept this idea. According to them, women ² **could** / **couldn't** do anything as well as men. They decided to start an organisation to improve women's lives. Together, they were an excellent team. Stanton ³ **can** / **could** speak and write well, so she wrote articles and spoke to women all over the country. Anthony ⁴ **could** / **couldn't** organise activities because she was very practical.

Today, women in the USA ⁵ **can** / **could** vote. But in some traditional countries, they still ⁶ **can't** / **couldn't**. They also ⁷ **can** / **can't** do many everyday activities like driving or working outside the home.

5 Complete the sentences with the correct form of *may* or *might*.

1. We go to the cinema tonight. There's a film that I want to see.
2. You should join the Scouts. You make new friends.
3. It's late. I have time to finish this today.
4. I don't know if I can do this. It be too difficult.
5. She rarely wears black clothes, so she like this black shirt.

2 Choose the correct answer.

1. In Okinawa ...
 - a. many people live to an old age
 - b. most people live till they are 100
 - c. nobody suffers from heart disease
2. According to the article, ...
 - a. the Okinawan diet prevents cancer and heart disease
 - b. there could be a connection between the Okinawan diet and health
 - c. Okinawans live a long life because of their diet
3. Okinawans ...
 - a. do not eat as much as people in the West
 - b. do not have a main course
 - c. eat 20% less than people in the West
4. The writer believes that people in the West should ...
 - a. eat a lot of sea vegetables
 - b. adopt the Okinawan diet
 - c. eat less